

## ABOUT IVAA

IVAA represents and coordinates the 31 national anthroposophic doctors' associations on both the European and international level in regard to political and legal affairs.

National anthroposophic doctors' organizations exist in: Argentina, Australia, Austria, Belgium, Brazil, Canada, Germany, Israel, Italy, Latvia, the Netherlands, New Zealand, Czech Republic, Denmark, Estonia, Finland, France, Georgia, Norway, Peru, Philippines, Poland, Romania, Russia, South Africa, Spain, Sweden, Switzerland, Ukraine, the United Kingdom and in the USA.

For details see: [www.ivaa.info](http://www.ivaa.info)

## TASKS OF IVAA

- ◆ Safeguarding the legal status of anthroposophic medicine
- ◆ Engaging in proactive political activities on behalf of anthroposophic medicine in the EU- and international institutions
- ◆ Consulting in educational, training and research issues in anthroposophic medicine with regard to legal or political affairs
- ◆ Cooperating with other health organizations in Europe and internationally

## ORGANIZATION OF IVAA

- ◆ IVAA is constituted by national anthroposophic doctors' associations.
- ◆ The IVAA annual membership assembly takes place at the Goetheanum, Dornach/Switzerland each year in fall.
- ◆ IVAA is represented by a president and a board of 3-7 members, elected every three years.

## CO-OPERATIONS

The IVAA:

- ◆ cooperates closely with the Medical Section of the School of Spiritual Science at the Goetheanum: [www.medsektion-goetheanum.org](http://www.medsektion-goetheanum.org)
- ◆ cooperates closely with the major European medical umbrella organizations in the field of CAM
- ◆ is a founding member of the non-governmental organization European Alliance of Initiatives for Applied Anthroposophy (ELIANT): [www.eliant.eu](http://www.eliant.eu)
- ◆ is a member of the European Public Health Alliance (EPHA): [www.ephacom](http://www.ephacom)

## CONTACTS

IVAA can be contacted via [contact@ivaa.info](mailto:contact@ivaa.info)

or directly

EU Liaison Office:

Günther Schulz

194 rue du Trône

B 1050 Brussels

Phone/Fax : (+32) 2-644 00 20

gsm: (+49) 171-735 23 71

e-mail: [g.schulz@ivaa.info](mailto:g.schulz@ivaa.info)

Internationale Vereinigung Anthroposophischer Ärztgesellschaften  
International Federation of Anthroposophic Medical Associations  
Fédération Internationale des Associations Médicales Anthroposophiques

**IVAA**

## ANTHROPOSOPHIC MEDICINE IN PRACTICE

**ANTHROPOSOPHIC MEDICINE** is practised by trained physicians and prescribed by more than 30.000 physicians in 18 EU member-states (Austria, Belgium, Czech Republic, Denmark, Eire, Estonia, Finland, France, Germany, Italy, Latvia, the Netherlands, Poland, Portugal, Romania, Spain, Sweden and the United Kingdom), Norway, Switzerland and in 65 countries around the world.

**ANTHROPOSOPHIC HOSPITALS** and hospital departments have been established in Italy, Brazil, Germany, the Netherlands, Sweden, Switzerland and the United Kingdom.

**ANTHROPOSOPHIC MEDICINE** is regularly taught in the context of CAM at universities in Austria, Germany, the Netherlands, Italy, Latvia, Spain and Switzerland.

## ABOUT ANTHROPOSOPHIC MEDICINE

**ANTHROPOSOPHIC MEDICINE** stimulates the self-healing and regenerative capacity of the human body and invokes restorative processes in the body, particular in the immune system. From the numerous anthroposophic medicinal products, the application of mistletoe preparations in treatment of cancer are a well known example of this approach.

**ANTHROPOSOPHIC MEDICINE** enhances primary prevention by making awareness and education the highest priorities, for example via lifestyle and nutrition counselling for the prevention of allergies and obesity.

**ANTHROPOSOPHIC MEDICINE** takes account of the biographical and social aspects of illness, aiming to aid personal development and patient autonomy, and empowering patients to share responsibility for the healing process.

**ANTHROPOSOPHIC MEDICINE** is practised in all specialist fields including internal medicine, obstetrics, psychiatry, surgery, intensive care and first aids medicine in hospitals (including university teaching hospitals), and in anthroposophic medical departments in hospitals or primary care settings. Anthroposophic medicine combines conventional and holistic anthroposophic modalities.

## ANTHROPOSOPHIC MEDICINAL PRODUCTS AND THERAPIES

**ANTHROPOSOPHIC MEDICINAL PRODUCTS** use raw materials from minerals, plants and animal substances and are developed and produced in accordance with the anthroposophic knowledge of the human being and nature.

### ANTHROPOSOPHIC THERAPIES INCLUDE:

- Music therapy
- Therapeutic drawing and painting
- Sculptural forming
- Anthroposophic speech therapy
- Eurythmy therapy – a special movement therapy
- Rhythmical massage and external treatments
- Anthroposophic psychotherapy